

MEET OUR YELLOW TEAM

DONNA AND BILL FOOTE

Week 1

We are both so excited about this challenge. We are working parents with 2 busy children, 8 and 10 years old. We decided to do this challenge to lose weight and improve our overall health. My goal for the 12 week challenge is to lose 24lbs and Bill's goal is to lose 30lbs. We are so excited about working with Jamie at Simply for Life and Penney at Big Bears Fitness. Boot camp on Mondays will be a challenge for sure.....

Go Yellow Team Go!

Bill and Donna