

## Yellow Team Blog

We have completed our final weigh in and I was down another 1.5 lbs. Bill was down 4 lbs, way to go Bill! I can't believe 12 weeks are up already, it's been awesome and we both look forward to continuing our weight loss journey. The Easter bunny is coming on Sunday and of course chocolate is my weakness; this will certainly be a test for me. We are having our final measurements done next week so stay tuned for the results and our total weight loss results as well. Tuesday April 28<sup>th</sup> is our wrap up party at the Town and Country Center. Come on out and meet all of us losers, and support the food bank. Hope to see you there.

*~ Donna and Bill*

**Marvin Phillips: Weight Loss Inspiration Quotes**  
The difference between try and triumph is just a little umph!

